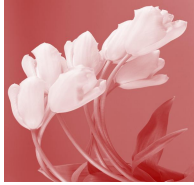


The HomeCare Team LLC.

Excellence In Home Care

Participation and Rehabilitation



After a serious injury, illness or surgery, you may recover slowly. You may need to regain your strength, relearn skills or find new ways of doing things you did before. This process is called rehabilitation.

Rehabilitation often focuses on:

- ***Physical therapy to help your strength, mobility and fitness***
- ***Occupational therapy to help you with your daily activities***
- ***Treatment of pain***
- ***Assistance to ensure safety during the time of rehabilitation***

The type of therapy and goals of therapy may be different for different people. For example, an older person who has had a stroke may simply want to dress or bathe without help. The goal of younger person who has suffered a heart attack may want to return to work and normal activities.

Our caregivers along with a team of other professionals can assist with returning to the highest level of functioning possible.

Words to Ponder

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.
Leo Buscaglia

Surviving the initial phase of the illness was the first success. Playing a roll in the recovery plan and adding some physical activities to your daily routine will help speed you along the way.

Excellence In Home Care

**3750 Gunn Hwy
Suite 100
Tampa, Fl. 33618**

**Billing Address:
PO Box 342113
Tampa, FL. 33694**

Phone: 813-264-6806

Fax: 813-264-6712

info@TheHomeCareTeam.com

Lic #: 229827 & 299992908



**There is no place
like HOME!**

Our Mission

The HomeCare Team is a vibrant company that cares for the elderly in their home, ensuring a comfortable and safe environment while assisting family as they care for their loved ones.

We view ourselves as partners with our clients, our employees and our community. While keeping our client's needs our top priority, we believe in the importance of providing our employees with a job that offers competitive wages and a satisfying, productive work environment while fostering a family atmosphere.

Help is a phone call away

Our team will help you to keep your loved ones or clients safe. Call 24 hours a day to set up a time to meet one of our out trained staff.

Modify Your Home

Our trained staff can recommend and implement modifications to facilitate safety and independence in the home. Changes may need to be made to:

Bathroom • Kitchen

Hallways and Doorways

Living Room • Bedroom

Tips

Set up meaningful, achievable goals

Communicate with your rehabilitation team

Be an active part of your recovery

Types of Rehabilitation

- Stroke
 - Joint replacement
 - Sports injury
 - Open heart surgery
 - Car accidents
 - General surgery
 - After a fall in the home
-